

2010 Greenbelt Park Training Race Series

Presented by Route 1 Velo, Arrow Bicycle, Mt. Airy Bicycle Club, and Greenbelt Park

This year's Greenbelt Park Training Race Series is sponsored by:



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College Park Car Wash



www.us1carwash.com



When: Wednesday evenings, May 5 through June 30 and July 14 through August 25, 2010 [Note: July 7 is an optional makeup date, and may be held at the Promoter's discretion.]

Where: Greenbelt Park [([Get map](#)) Greenbelt, MD on Rt. 193 near Kenilworth Ave.; follow signs for Greenbelt Park/US Park Police.]

Race (Categories)	Start Time	Dist./Time	Field Limit	Fee	Prize List
C (M5, W4, Jr.)*	6:00PM	30 min.	40	\$13.00 [†]	Gift card primes/prizes weekly.
A (M1/2/3, W1/2)	6:40PM	19-24 laps	50	\$18.00 [†]	\$275/160/65 for the series ^{††} ; car wash primes.
B (M4/5, W2/3)**	6:41PM	15-20 laps	50	\$18.00 [†]	\$275/160/65 for the series ^{††} ; car wash primes.

[†] The fee for Juniors (ages 10 – 18) is \$10 for all races. Juniors may enter the B or A races only if they have attained an appropriate Category.

^{††} The A & B series prizes will be in the form of gift cards from Arrow Bicycle.

Notes on Field Upgrades:

* Promoter may require that any rider placing in the top 3 in 5 or more C races upgrade to the B race for subsequent race dates.

** Promoter may suggest, but may not require, that any rider placing in the top 3 in 5 or more B races upgrade to the A race for subsequent race dates. If the rider chooses not to upgrade in 2010, Promoter may require upgrade in 2011, even if the rider has not attained the appropriate Categories listed above. The overall winner of the B series in 2010 will be required to upgrade to the A race in 2011 regardless of Category.

Course/Format: The course is a 1.4 mile loop with 1 corner on the perimeter roadway of the Park. The yellow line rule is in effect. Race start times and distances may vary depending on course conditions and the Chief Referee and/or Park Rangers' discretion. The race format may change with the approval of the Promoter and the Chief Referee. Riders may enter only one race each week. For all races where the field size is 40 or greater, riders who are out of contention may be pulled from the course at the discretion of the Chief Referee.

The A & B races are run concurrently, with an initial separation of 1 minute. When one of the races overtakes the other, the race being overtaken must neutralize, and must keep as far the right of the roadway as possible. Riders in the race being overtaken may not take pace from the overtaking race.

The race will be held unless course conditions are deemed unsafe by the Promoter, Chief Referee or Park Rangers. If rain is forecast for Wednesday afternoon or evening, advance notice of race cancellations will be given by 4PM that day, and will be available via the contact information below. All USA Cycling rules apply. Held under USA Cycling permit 2010-984.

Warmup/Cooldown: All racers are encouraged to bring a trainer and warm up in the parking lot prior to their race. **On-course warmup is not allowed once the C race has begun staging at the start line.** On-course warmup is permitted until the C riders are called to the start line at 5:55PM. Once the C race has begun staging, all A & B riders will be directed to exit the course by the roadguard stationed at the entrance to the Holly parking lot. **A & B riders who continue to ride on the course after the C race has begun staging may be disallowed from racing that evening, at the discretion of the Chief Referee.**


C riders are permitted one cooldown lap at the conclusion of their race, starting from the time the race winner crosses the finish line; at the conclusion of the cooldown lap they will be directed to exit the course by the roadguard stationed at the entrance to the Holly parking lot. **C riders who continue to ride on the course after the A & B races have begun staging will be directed by the Chief Referee to exit the course immediately; violators may be disallowed from racing the following week, at the discretion of the Chief Referee.**

Traffic Pattern: The traffic pattern on the perimeter road of Greenbelt Park is altered prior to the start of the C race at the direction of the Park Ranger and the Chief Referee, with the assistance of the roadguards. At this time, all traffic shall travel on the roadway in a clockwise direction, with motor vehicles on the left side of the roadway and bicycles on the right side. This altered pattern shall remain in effect until after the conclusion of the A/B races, and the normal pattern shall be restored only at the direction of the Park Ranger and the Chief Referee, with the assistance of the roadguards.

At all times, riders on the course must obey the traffic pattern currently in effect. Once the Park Ranger and the Chief Referee have established the altered traffic pattern, riders may not ride in a counter-clockwise direction on the course. Violators may be disallowed from racing that evening, at the discretion of the Chief Referee. Motor vehicle drivers parked in the Holly parking area who wish to leave prior to the re-establishment of the normal traffic pattern must obey the instructions of the roadguard posted at the entrance to the parking area.

Prizes: The top 5 riders for each A and B race will be given points toward an overall series placing. The points awarded on a weekly basis are 10/7/5/3/1 for 1st through 5th places. Field size determines the weight of each point earned on a given day: if the field is smaller than 20 riders, the points are weighted by one-half; if the field is larger than 40 riders, the points are weighted double. The series points leaders each week will be identifiable by special jerseys, which are to be returned upon completion of the evening's race. At the end of the series, the top 3 riders in both the A & B series will be awarded prizes, and the overall winners will be given the points leader jerseys to keep. For the C race, weekly prizes & prizes in the form of gift cards are awarded.

Registration: The Promoter is prohibited by National Park Service regulations from conducting financial transactions within Park boundaries. All riders must purchase a race voucher outside the Park before they can be entered in a race (see below). **Registration and bib number assignment are conducted in first come, first served order; therefore, purchase of a voucher, whether on-site or online, does not guarantee entry in the race of your choice on a given date.** Field limits will be observed; early arrival at the Park is advised. Entry fees are non-refundable, but vouchers may be used on a subsequent date if the race is cancelled before starting. Registration and staging are in the parking lot of the Holly Picnic Area inside the Park. Registration will close 5 min. prior to race start. Riders are expected to return their bib numbers after their race has ended.

Online voucher sales for all races will be available starting no later than Thursday, 4/29/2010 at . Four-race & season pass vouchers are offered at discounted pricing. *[Note: BikeReg assesses a service charge for online purchases.]* Online sales will close at 6PM on Tuesday of each race week, and will reopen for the following week's race on Thursday at 8AM. Online buyers may pick up their vouchers at the registration table. On race days, single-race vouchers and One-Day and Annual licenses may be purchased in the rear parking lot of T.G.I. Friday's, directly across Rt. 193 from the Park entrance. Race day sales will open at 5PM and close at 6:10PM.

Release Form: Riders who do not purchase their voucher online will be required to fill out a Standard Athlete Release form before they can purchase a voucher in the T.G.I. Friday's parking lot. The form is also available online in the Adobe Reader PDF format (get Adobe Reader [here](#)) at http://www.usacycling.org/forms/riders_release.pdf. **NOTE: USA Cycling requires that every rider present a completed release form on each date that they race.** Riders who purchase online may have a signature-ready release printed at the registration table; however, **the Promoter strongly encourages ALL riders to fill in the release form on their own computers, print, and sign before coming to the race.** Junior riders (ages 10-18) must have a parent or guardian present at the race to co-sign their release.

Contact: Results and other information may be viewed online at <http://www.route1velo.com>. Questions may be addressed to the Promoter at <mailto:Greenbelt@Route1Velo.com>. In the event of uncertain weather conditions on race day, call the Route 1 Velo hotline at 301.220.1253 for On/Off status; the message will be updated by 4PM. Status will also be posted by 4PM to the Route 1 Velo website and to the Google MABRA-USCF email discussion group at <http://groups.google.com/group/mabra-uscf/topics>.

Route 1 Velo is also sponsored by:

